## March 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4 Mardi Gras	5	6	7	8
8:30-1:00 *Church Runs (OS) 10:00 Coffee & Donuts (EB) 2:00 *Park Walk (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR)	10:00 BP Clinic (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Popcorn & Bingo (EB) 2:30 Scrabble with Ron (EB) 4:00 Documentary: "Medieval Mardi Gras" (TR)	9:45 *Coffee & Boardgames Medford Library (OS) 10:30 Balance (EB) 11:00 Build with Bands (EB) 1:00 Chair Volleyball (EB) 2:00 Speaker Series (EB) 3:00 Mardi Gras Social and Trivia (EB)	9:30 Cornhole practice (CY) 10:00 Resident Board (CR) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Gentle Yoga (EB) 3:30 *Planetarium at NMHS (OS)	10:30 Balance (EB) 11:00 Latin Chari Cardio (EB) 11:30 *Jasper's for lunch (OS) 1:00 Build with Bands (EB) 4:00 Social with Matt Spurlock (EB)	10:00 Build with Bands (EB) 10:30 Chair Volleyball 1:00 Resident Council (EB) 2:00 Ice Cream Social (EB) 2:00-3:00 Country Store open 2:30 *Gnome a Month Club: St. Patrick's Day (CFT) 6:30 Evening Movie (TR)	10:00 *Chocolate Festival in Ashland (OS) 10:30 Bingo (EB) 2:00 *Scenic Drive (OS) 6:30 Evening Movie (TR)
9 0.00 4.00 †0hh D (00)	10	11	12	13	14 Pi Day	15
8:30-1:00 *Church Runs (OS) 10:00 Coffee & Donuts (EB) 11:30 Sunday Brunch at Pascal Winery (OS) 2:00 *Walk with Nancy (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR) DAYLIGHT SAVINGS TIME!!	10:00 BP Clinic (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Popcorn &Bingo (EB) 3:00 Book Club (EB) 4:00 Fun Facts that will Brighten your day (TR)	8:30 *Men's Breakfast with Luke & Ron (PDR) 10:30 Balance (EB) 11:00 (EB) 1:00 Chair Volleyball (EB) 3:30 Bugs R Us: "Pond Life" (EB) 6:00 Bible Study (CK)	9:30 Cornhole Practice (CY) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Build with Bands (EB) 3:00 Healthy Eats with Kathy: "Importance of Hydration" (CK)	10:00 *Green Smoothies (CK) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Gentle Yoga (EB) 4:00 St. Patrick's Day Social with Lumina's Heart (EB)	10:00 Build with Bands (EB) 10:30 Chair Volleyball (EB) 1:00 Ice Cream Social (RH) 1:00-2:00 Country Store open 1:00 Northwest Bird Club (EB) 2:00 *Punky's for Pie (OS) 6:30 Evening Movie (TR)	10:30 Bingo (EB) 1:30 *Paint Pouring (CFT) 2:00 *Scenic Drive (OS) 4:30 *Tri Comm Crab Crack All you can eat dinner (OS) 6:30 Evening Movie (TR)
16	17 Happy St. Patrick's Day!	18	19	20 First Day of Spring!	21	22
8:30-1:00 *Church Runs (OS) 10:00 Coffee & Donuts (EB) 3:30 Vespers (EB) 6:30 Evening Movie (TR)	10:00 BP Clinic (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Popcorn & Bingo (EB) 2:30 *Drinks at Craving Cave (OS) 4:00 Documentary: "15 Insane Facts about Earth" (TR)	10:30 Balance (EB) 11:00 Sit & Fit (EB) 1:00 Build with Bands (EB) 1:30 *Bunco Party (EB) 4:30 *Dinner at Outback Steakhouse (OS) 6:00 Bible Study (CK)	9:30 Cornhole Practice (CY) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 12:00 Birthday Party (DR) 1:00 Gentle Yoga (EB) 2:15 Food Committee (CR) 2:00 Friendly Feud (EB) 4:30 *Cooking with Natasha & Ceriyah - PIZZA NIGHT!	9:00 *Essential Footcare (Chess Room) 10:00 *Bulb Planting (CFT) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Gentle Yoga 4:00 Social with Aaron Reed (EB) 6:45 *Spotlight on Kenny Loggins at Camelot (OS)	10:00 Build with Bands (EB) 10:00 Hiking Club with Jalen and Ging (OS) 10:30 Chair Volleyball (EB) 1:00 Ice Cream Social (EB) 1:00-2:00 Country Store open 3:00 *Tri Comm Jordan World Circus & dinner with FP (OS) 6:30 Evening Movie (TR)	10:00 * Reptile Expo at the Expo (OS) 10:30 Bingo (EB) 2:00 *Scenic Drive (OS) 6:30 Evening Movie (TR)
23	24	25	26	27	28	29
8:30-1:00 *Church Runs (OS) 10:00 Coffee & Donuts (EB) 2:00 *Park Walk (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR)	10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Popcorn & Bingo (EB) 4:00 TED Talk: "How the body shapes the way we think" (TR)	10:30 Balance (EB) 11:00 Build with Bands (EB) 1:00 Chair Volleyball (EB) 1:30 *Wood Bunny Magnets (CFT) 3:00 Travels with Carole: "San Juan Islands" (EB) 4:00 Cocktails with Julie (CK) 6:00 Bible Study (CK)	8:30 *Breakfast at Real Deal Café (OS) 9:30 Cornhole Practice (CY) 9:30 *TriComm to Glass Forge & lunch with TC (OS) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:30 Horse Racing (EB) 3:30 Chronology game (EB)	10:00 *Grower's Market (OS) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 11:30 *Ladies Lunch with Natasha & Kim (PDR) 1:00 Gentle Yoga (EB) 4:00 Social with The Haunted Troubadours (EB)	10:00 - 4:00 Quilt Show 10:30 *Lunch & Indoor Golf with Luke and Jalen (OS) 1:00 Ice Cream Social (DR) 1:00-2:00 Country Store open 1:30 *Wine Tasting at Dos Mariposas (OS) 6:30 Evening Movie (TR)	10:00 - 4:00 Quilt Show 1:30 *Easter shirts (CFT) 2:00 *Scenic Drive (OS) 6:30 Evening Movie (TR)
8:30-1:00 *Church Runs (OS) 10:00 Coffee & Donuts (EB) 2:00 *Park Walk (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR)	31  10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Popcorn & Bingo (EB) 4:00 Documentary: "One hundred Incredibly Interesting Geography Facts" (TR)	Change Happens!  Don't miss out!  See your weeklies & dailies for updated information and announcements.	Service in Carrie in Carri	Calendar Legend (CK) Community Kitchen (CR) Conference Room (CFT Craft Room (CY) Courtyard (DR) Dining Room (EB) Elsie Butler (OS) Off Site (PLR) PC Living Room (TR) TV Theater Room		10:30 Bingo (EB) 2:30 *Scenic Drive (OS) 6:30 Evening Movie (TR)





Take a break from the predictable and the usual and sign up for a 10 day trip, June 2-12th, to beautiful Costa Rica. Your visit will include Waterfall Gardens and lunch, a crocodile tour, a Sky Tram Guided Tour & a Flamingo Park. Enjoy the warm Caribbean sun and cool breezes from the sea. Taste the exotic flavors of the tropics. Sign up deadline is Friday, March 21st at 10:00am.

On the first day of Spring, Thursday, March 20th, we're going to meet in the Craft Room at





10:00am to plant some flower bulbs in pots. Please sign up and join us.

## Musical Entertainment for March -

- March 6th will be Matt Spurlock.. He sings and plays guitar. He performs at several different local wineries.
- March 13th will be having a St. Patrick's Day social and Lumina's Heart will be our Celtic entertainment. Husband and wife team, she plays harp and he's on guitar.
- March 20th is Aaron Reed, who plays guitar and sings.
- March 27th will be another husband and wife duo, David & Erin. He plays guitar and she sings. From 50's oldies to newer songs.

## March Employee Birthdays

3/1 Ginger Barnes

3/2 Brianna Miranda-Avalos

3/4 Luisa Lazette

3/16 Nichole Milam

3/17 Erin Osuna

3/19 Kendra Garcia



On Wednesday, March 5th at 3:30pm will we be taking the bus over to North Medford High School to watch a show in their Planetarium. It's the only high school planetarium in all of Oregon. It's only \$10 per person and is well worth it. Be sure to sign up and get your seat on the bus.

