


October 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	All Activities Subject to Change. Please refer to the dailies for the most up-to-date schedule of events.	1 Happy Birthday Jean M and Sue z! 9:15 *Tri Comm Harry & David Tour (OS) 10:30 Balance (EB) 11:00 Sit & Fit (EB) 1:00 Build with Bands (EB) 6:00 Bible Study (CK)	2 9:00 - 12:00 Flu Shot Clinic (EB) 10:00 Resident Board (CR) 10:30 Morning Stretch (RH) 11:00 Weights (RH) 1:00 Gentle Yoga (EB) 4:00 Cocktails with Gen (CK)	3 9:30 *Make mini loaves of pumpkin bread (CK) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Build with Bands (EB) 4:00 Social with Andrew Murphy - cellist (EB)	4 10:00 Gentle Yoga (EB) 10:30 Chair Volleyball (EB) 1:00 Resident Council (EB) 2:00 Ice Cream Social (EB) 2:00 Country Store (2nd floor) 6:30 Evening Movie (TR)	5 10:30 Bingo (EB) 11:30 *Battle of the Food Trucks (OS) 2:00 *Scenic Drive (OS) 3:30 *Make a Frankenstein necklace (CFT) 6:30 Evening Movie (TR)
	6 8:00-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 3:30 Vespers (EB) 6:30 Evening Movie (TR)	7 Happy Birthday Harriet! 10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Bingo (EB) 2:00 Scrabble with Ron (EB) 4:00 Documentary: "People Actually Live Here" (TR)	8 10:00 *Medicare Advantage Fair at Armory (OS) 10:30 Balance (EB) 11:00 Sit & Fit (EB) 11:30 *Lunch with Luke & Ron (PDR) 1:00 Build with Bands (EB) 3:30 Bugs R Us (EB) 6:00 Bible Study (CK)	9 Happy Birthday Lucille! 9:30 Cornhole practice (EB) 10:00 *Tri Comm Lunch at Talon Grille (OS) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Gentle Yoga (EB) 3:00 *Halloween cards (CFT)	10 Happy Birthday Elizabeth! 9:30 Immunity Boosting Smoothies (CK) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Build with Bands (EB) 1:00 *Oregon House of Mystery \$18.50 (OS) 4:00 Social w/ Ben McReynolds (EB)	11 8:30 *Day Trip to Toketee Falls with Ging & Luke (OS) 10:30 Chair Volleyball (EB) 11:30 *Abby's Pizza for lunch (OS) 1:00 Ice Cream Social (EB) 1:00 Country Store (2nd floor) 6:30 Evening Movie (TR)
13 8:00-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 2:00 *Walking Club (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR)	14 10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Bingo (EB) 5:00 Monday Night Football: Saints vs. Chiefs (TR)	15 10:30 Balance (EB) 11:00 Sit & Fit (EB) 11:30 *Abby's Pizza for lunch (OS) 1:00 Build with Bands (EB) 2:00 Understanding Long Term Care with Darryn (EB) 4:30 Cooking with Kathy: Chili and all the fixin's (CK) 6:00 Bible Study (CK)	16 Happy Birthday Kenny P! 9:30 Cornhole practice (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 12:00 Birthday Party (DR) 1:00 Gentle Yoga (EB) 3:30 Travels with Carole: "Pirates" (CFT)	17 9:30 Power Smoothies (CK) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Build with Bands (EB) 1:30 *Cat's Eye Halloween Earrings (CFT) 4:00 Social with the Melody Makers (EB)	18 Happy Birthday Gail H. and Judy R.! 8:30 *Tri Comm Rain Rock Casino (OS) 10:00 Gentle Yoga (EB) 10:30 Chair Volleyball (EB) 1:00 Ice Cream Social (EB) 1:00 Country Store (2nd floor) 2:00-4:00 Fall Festival 6:30 Evening Movie (TR)	19 Happy Birthday Leona! 10:30 Bingo (EB) 2:00 *Historical Jacksonville Trolley Tour \$12(OS) 3:30 *Make Mini Witch Hat Headbands (CFT) 6:30 Evening Movie (TR)
20 8:00-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 3:30 Vespers (EB) 6:30 Evening Movie (TR)	21 10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Bingo Bonanza! (EB) 4:00 Documentary: Amazon Jungle-Animals of the Rain Forest (TR)	22 10:30 Balance (EB) 11:00 Sit & Fit (EB) 1:00 Build with Bands (EB) 1:30 *Visit to Pheasant Fields Farm (OS) 6:00 Bible Study (CK)	23 9:30 Cornhole practice (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Gentle Yoga (EB) 2:00 *Photography with Debbie Thornton (EB) 4:30 *Dinner at Chen's Family Dish (OS)	24 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Build with Bands (EB) 4:00 Social with Chris & Dom (EB)	25 Happy Birthday Paul K!! 10:00 Gentle Yoga (EB) 10:30 Chair Volleyball (EB) 1:00 Ice Cream Social (EB) 1:00 Country Store (2nd floor) 12:45 *Tri Comm Wine Tasting at Del Rio (OS) 6:30 Evening Movie (TR)	26 Happy Birthday Alex T!! 10:00 *Farm Day at Sanctuary One (OS) 10:30 Bingo (EB) 2:00 *Scenic Drive (OS) 6:30 Evening Movie (TR)
27 Happy Birthday Jerry! 8:00-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 2:00 *Walking Club (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR) SPIRIT WEEK!!	28 SPOOKY PAJAMAS 10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Bingo (EB) 2:30 *Salmon Viewing Walk & Tour (OS) 4:00 Documentary: 100% Most Unexpected Facts About The World (TR)	29 SUPER HEROS 10:30 Balance (EB) 11:00 Sit & Fit (EB) 1:00 Build with Bands (EB) 3:00 World Trivia with Ging (EB) 6:00 Bible Study (CK)	30 TWINS 9:30 Cornhole practice (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Gentle Yoga (EB) 2:00 *Watercolor Painting with Cindy (CK)	31 Happy Birthday Jenette! 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Build with Bands (EB) 4:00 Halloween Social with Gary Richards (DR) COSTUMES HAPPY HALLOWEEN!	Calendar Legend (CK) Community Kitchen (CR) Conference Room (CFT) Craft Room (CY) Courtyard (DR) Dining Room (EB) Elsie Butler (OS) Off Site (PLR) PC Living Room (RH) Retta Horton Room (TR) TV Theater Room	

Another Hiking Adventure for October!

On October 11th, we will have a day trip to Toketee Falls for a hike with Luke and Ging! This one is rated moderate so it might be challenging for those with walkers. It is .08 miles. We'll stop at Diamond Lake afterward for lunch at the Resort. Be sure to sign up if you'd like to go.



Flu Shot Clinic - Wed., Oct. 2nd

- First Floor come to the Elsie Butler starting at 9:00am.
- Second Floor - start coming to the Elsie Butler at 9:45am.
- Third Floor - please start coming down at 10:30am

When you arrive, you'll be given a number. When your number is called you can go up and get your shot(s). Once you have your number, please stay until your turn. If you have an appointment that day and it conflicts with your time to be here or you need to be done by a certain time, please let us know. We will be glad to accommodate your needs.

Entertainer Spotlight for October -

On **October 3rd**, we have a new artist, Andrew Murphy. He is a classically trained cellist. He plays classical pieces and also adds his own flair to more modern songs.

On **October 10th**, Ben McReynolds, pianist extraordinaire, will be playing at our Thursday afternoon Social.

The Melody Makers will be returning with their Fall Show on **October 17th**. They are a large group of friends that gather together to sing, make music and tell jokes.

Our Social on **October 24th**, we welcome back Chris & Dom, Horton's favorite duo. They play guitar and sing familiar songs from the 40's through the 60's. And you'll even hear a bird call or two.

On Halloween, **October 31st**, we welcome a new favorite, Gary Richards. He plays guitar with electronic accompaniment and sings songs of the 60's & 70's.

Employee Birthdays!

Kaden Faust	10/2
Adeline Fulava	10/10
Luke Marshall	10/17
Jessica Hard	10/19
Sarah Floyd	10/29



HALLOWEEN SPOOKY SPIRIT WEEK!

Monday, Oct. 28 is Spooky Pajamas!

Tuesday, Oct. 29 is Super Heroes!



Wednesday, Oct. 30 is **TWINS!!**

Thursday is **COSTUME DAY!!**



happy Halloween

HORTON HORIZONS

"Retirement Living at its Best!"

OCTOBER

2024



General Manager
Danielle Stovall

Assistant Manager
Gennifer Sowell

Community Relations
Julie Ersepke

Personal Care Director
Erin Osuna

Social Coordinator
Ging Kanjanakaset

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