

January 2026



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|--|---|--|---|
|  <i>"Retirement Living at its Best"</i> |  |  |  | 1 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Meditation (TR) 1:30 *January Journaling Challenge (CFT) 4:00 Social with Tracy Davy (EB) | 2 11:00 Chair Volleyball (EB) 1:00 Ice Cream Social (RH) 1:00 – 2:00 Country Store open 2:30 Intro to Sound Bath (TR) 6:30 Evening Movie (TR) | 3 10:30 Bingo (EB) 1:30 *Winter Birdhouse Wall Hanging (CFT) 2:00 *Scenic Drive (OS) 6:30 Evening Movie (TR) |
| 4 8:30-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 2:00 *Walking Club (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR) | 5 6 Weeks Fitness Challenge Begins (1/5-2/14) 10:00 BP Clinic (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Bingo (EB) 3:00 Scrabble with Ron (CK) 4:00 Documentary: Longevity, Journey into the Blue Zone (TR) | 6 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball /Jessica (EB) 4:00 Mixer Social with Jimmy Limo (EB) | 7 9:30 Cornhole Practice (EB) 10:00 Resident Board (CR) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 12:30 *Tri Comm Tinseltown: Song sung Blue w/ FP (OS) 1:00 PC Circuits (FC) 3:30 Bugs R Us (EB) | 8 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Meditation (TR) 4:00 Buzzball Social with Bob Haworth (EB) | 9 10:30 Chair Pilates EB) 11:00 Chair Volleyball (EB) 1:00 Resident Council (EB) 2:00 Ice Cream Social (EB) 2:00-3:00 Country Store open 2:30 Family Feud (EB) 3:30 *Decorate Polar Bear-Cupcakes (CK) 6:30 Evening Movie (TR) | 10 10:30 Bingo (EB) 1:30 *Paint Pouring (CFT) 2:00 *Scenic Drive (OS) 4:00 Benefits at Apple Cider Vinegar (CK) 6:30 Evening Movie (TR) |
| 11 8:30-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 2:00 *Walk with Nancy (OS) 3:00 Vespers (EB) 6:30 Evening Movie (TR) | 12 Happy Birthday Bob F! 10:00 BP Clinic (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Popcorn & Bingo (EB) 3:00 *Tri Comm Bingo at Seven Feathers (OS) 4:00 Documentary: Eternal Life? Secrets of Centenarians (TR) | 13 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball / Jessica (EB) 2:00 Paint Pouring with Kathy (EB) 4:30 Cooking with Luke (CK) | 14 9:30 Cornhole Practice (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 PC Circuits (FC) 1:30 *Bunco Party (EB) 3:30 *Cocktails with Ceriyah (CK) | 15 9:45 PC Circuits (FC) 10:00 Snowflake Scavenger Hunt (EB) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Meditation (TR) 4:00 Social with Classic Sounds (EB) | 16 10:30 Chair Pilates EB) 11:00 Chair Volleyball (EB) 1:30 *Lunch at Wharf (OS) 1:00 Ice Cream Social (RH) 1:00-2:00 Country Store open 2:30 Ging Talk: Understanding Sarcopenia (EB) 6:30 Evening Movie (TR) | 17 10:30 Bingo (EB) 1:30 *Winter Gnome (CFT) 2:00 *Scenic Drive (OS) 3:30 Snowball Toss (RH) 6:30 Evening Movie (TR) |
| 18 8:30-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 2:00 *Walk with Nancy (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR) Cultural Week - Italy | 19 Happy Birthday Tak! 10:00 BP Clinic (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Popcorn & Bingo (EB) 3:00 Travels to Italy with Ging (EB) 3:30 Book Club (CK) 4:00 Documentary: Sardinia, Italy. Secrets to Long Life (TR) | 20 Happy Birthday Elaine! 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball /Jessica (EB) 4:00 Food & Wine Pairings with Trey & Natasha (EB) 5:30 Coffee and Italian Dessert (EB) | 21 9:30 Cornhole Practice (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 12:00 Birthday party (DR) 1:00 PC Circuits (FC) 2:00 Italian themed Team Trivia (EB) 2:15 Food Committee (CR) 4:00 *Tri Comm Dinner at Padigan w/ TC (OS) 4:00 *Dinner at Taste of Italy in GP (OS) | 22 Happy Birthday Mary N! 9:45 PC Circuits (FC) 10:00 *Make Tiramisu (CK) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Meditation (TR) 4:00 Social with Marty Davis (EB) 5:00 Resident Appreciation Dinner (DR) | 23 10:30 Chair Pilates (EB) 11:00 Chair Volleyball (EB) 1:30 *Make your own mini pizzas (CK) 1:00 Ice Cream Social (EB) 1:00-2:00 Country Store open 1:30 *Hiking Club: Roxy Ann (OS) 3:00 *Make Valentine earrings (CFT) 6:30 Evening Movie (TR) | 24 10:30 Bingo (EB) 1:30 *Rock Painting (CFT) 2:00 *Scenic Drive (OS) 4:00 *A taste of Italian Wines (CK) 6:30 Evening Movie (TR) |
| 25 Happy Birthday Ma-rienne K & Phyllis G!! 8:30-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 2:00 *Walk with Nancy (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR) | 26 10:00 BP Clinic (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Popcorn & Bingo (EB) 4:00 Documentary Loma Linda: City of Long Livers (TR) | 27 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball /Jessica (EB) 2:00 Fitness Sampler with Ging (EB) 3:30 Travels with Carole - Egypt (EB) | 28 Happy Birthday Darold! 9:30 Cornhole Practice (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 PC Circuits (FC) 1:30 Return of Horse Racing (EB) 4:00 February Bucket List (EB) | 29 Happy Birthday Cliff! 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Meditation (TR) 2:00 *Resident vs. Staff Cornhole (EB) 4:00 Social with Fabulous Fairlanes Duo (EB) | 30 10:30 Chair Pilates (EB) 11:00 Chair Volleyball (EB) 1:00 Ice Cream Social (EB) 1:00 Country Store open 2:30 Ging Talk: How Sleep Changes with Age (EB) 6:30 Evening Movie (TR) 6:45 *Spotlight on Aretha at Camelot (OS) | 31 10:30 Bingo (EB) 1:30 *Make Valentine cards (CFT) 2:00 *Scenic Drive (OS) 4:00 *Story Stones (EB) 6:30 Evening Movie (TR) |



6 WEEKS BODY TRANSFORMATION CHALLENGE!!

START THE NEW YEAR STRONG

Enter to win prizes!!
Contact Ging for details!

Starting Jan. 5th through Feb. 15th 2026



Join us this month as we take a trip to Italy! During the week of the 19th through the 24th, we'll have Italy related events each day.

- Travels to Italy with Ging at 3:00 in the Elsie Butler Hall. She'll be talking about the trip she took last year.
- At 4:00pm on the 19th, the documentary in the TR will be about the Blue Zone in Sardinia, Italy.
- Tuesday, the 20th at 5:30 in the EBH, enjoy coffee and an Italian dessert.
- On Wednesday the 21st at 2:00pm, join us in the EBH for Italian themed Team Trivia. At 4:00pm, we will leave for dinner at a restaurant in GP called "A Taste of Italy".
- Thursday morning at 10:00am in the CK, we are going to try our hand at making Tiramisu.
- For lunch on Friday, the 23rd at 11:30am, we are going to make our own mini pizzas in the Community Kitchen. Be sure to sign up for this one.
- As we bid arrivederci to Italy on Saturday we will end our journey with a tasting of Italian wines in the Community Kitchen.

Speaker Series in January -

Tuesday, the 6th at 4pm - Mixer Social with Jimmy Limo in the EBH.

Tuesday, the 13th at 2pm - Paint Pouring with Kathy in the EBH.

Tuesday, the 20th at 4pm - Food & Wine Pairing with Trey & Ceriyah in the EBH>

Tuesday, the 27th at 2pm - Fitness Sampler with Ging in the EBH.

Entertainment for January

January 1st - Tracy Davy, guitar and country songs.

January 6th - Jimmy Limo will be at our Mixer Social with his "smooth guitar".

January 8th - Bob Haworth, formally from the Kingston Trio, will play guitar, ukulele & harmonica.

January 15th - The Classic Sounds group will be here to sing and entertain us.

January 22nd - Country singer Marty Davis will be playing at our social.

January 29th - The Fabulous Fairlanes Duo, Robbie da Costa Jr. & Sr. will be back on guitar and singing.



Employee of the Month - **Celia Renard!!**



Celia has just celebrated her 6th anniversary with Horton Plaza. She is an intricate part of the housekeeping team and we are thankful to have her!

*Congratulations
Celia!*



HORTON HORIZONS

"Retirement Living at its Best"



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Danielle Stovall

Assistant Manager

Natasha Lomas

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Erin Osuna

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January 2026

Roxy Ann Peak, Medford Oregon

