

January 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Meditation (TR) 1:30 *January Journaling Challenge (CFT) 4:00 Social with Tracy Davy (EB)	2 11:00 Chair Volleyball (EB) 1:00 Ice Cream Social (RH) 1:00 – 2:00 Country Store open 2:30 Intro to Sound Bath (TR) 6:30 Evening Movie (TR)	3 10:30 Bingo (EB) 1:30 *Winter Birdhouse Wall Hanging (CFT) 2:00 *Scenic Drive (OS) 6:30 Evening Movie (TR)
4 8:30-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 2:00 *Walking Club (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR)	5 6 Weeks Fitness Challenge Begins (1/5-2/14) 10:00 BP Clinic (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Bingo (EB) 3:00 Scrabble with Ron (CK) 4:00 Documentary: Longevity, Journey into the Blue Zone (TR)	6 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball /Jessica (EB) 4:00 Mixer Social with Jimmy Limo (EB)	7 9:30 Cornhole Practice (EB) 10:00 Resident Board (CR) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 12:30 *Tri Comm Tinseltown: Song sung Blue w/ FP (OS) 1:00 PC Circuits (FC) 3:30 Bugs R Us (EB)	8 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Meditation (TR) 4:00 Buzzball Social with Bob Haworth (EB)	9 10:30 Chair Pilates EB 11:00 Chair Volleyball (EB) 1:00 Resident Council (EB) 2:00 Ice Cream Social (EB) 2:00-3:00 Country Store open 2:30 Family Feud (EB) 3:30 *Decorate Polar Bear-Cupcakes (CK) 6:30 Evening Movie (TR)	10 10:30 Bingo (EB) 1:30 *Paint Pouring (CFT) 2:00 *Scenic Drive (OS) 4:00 Benefits of Apple Cider Vinegar (CK) 6:30 Evening Movie (TR)
11 8:30-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 2:00 *Walk with Nancy (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR)	12 Happy Birthday Bob F! 10:00 BP Clinic (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Popcorn & Bingo (EB) 3:00 *Tri Comm Bingo at Seven Feathers (OS) 4:00 Documentary: Eternal Life? Secrets of Centenarians (TR)	13 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball / Jessica (EB) 2:00 Paint Pouring with Kathy (EB) 4:30 Cooking with Luke (CK)	14 9:30 Cornhole Practice (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 PC Circuits (FC) 1:30 *Bunco Party (EB) 3:30 *Cocktails with Ceriyah (CK)	15 9:45 PC Circuits (FC) 10:00 Snowflake Scavenger Hunt (EB) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Meditation (TR) 4:00 Social with Classic Sounds (EB)	16 10:30 Chair Pilates EB 11:00 Chair Volleyball (EB) 1:30 *Lunch at Wharf (OS) 1:00 Ice Cream Social (RH) 1:00-2:00 Country Store open 2:30 Ging Talk: Understanding Sarcopenia (EB) 6:30 Evening Movie (TR)	17 10:30 Bingo (EB) 1:30 *Winter Gnome (CFT) 2:00 *Scenic Drive (OS) 3:30 Snowball Toss (RH) 6:30 Evening Movie (TR)
18 8:30-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 2:00 *Walk with Nancy (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR) Cultural Week - Italy	19 Happy Birthday Tak! 10:00 BP Clinic (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Popcorn & Bingo (EB) 3:00 Travels to Italy with Ging (EB) 3:30 Book Club (CK) 4:00 Documentary: Sardinia, Italy. Secrets to Long Life (TR)	20 Happy Birthday Elaine! 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball / Jessica (EB) 4:00 Food & Wine Pairings with Trey & Natasha (EB) 5:30 Coffee and Italian Dessert (EB)	21 9:30 Cornhole Practice (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 12:00 Birthday party (DR) 1:00 PC Circuits (FC) 2:00 Italian themed Team Trivia (EB) 2:15 Food Committee (CR) 4:00 *Tri Comm Dinner at Padigan w/ TC (OS) 4:00 *Dinner at Taste of Italy in GP (OS)	22 Happy Birthday Mary N! 9:45 PC Circuits (FC) 10:00 *Make Tiramisu (CK) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Meditation (TR) 4:00 Social with Marty Davis (EB) 5:00 Resident Appreciation Dinner (DR)	23 10:30 Chair Pilates (EB) 11:00 Chair Volleyball (EB) 1:30 *Make your own mini pizzas (CK) 1:00 Ice Cream Social (EB) 1:00-2:00 Country Store open 1:30 *Hiking Club: Roxy Ann (OS) 3:00 *Make Valentine earrings (CFT) 6:30 Evening Movie (TR)	24 10:30 Bingo (EB) 1:30 *Rock Painting (CFT) 2:00 *Scenic Drive (OS) 4:00 *A taste of Italian Wines (CK) 6:30 Evening Movie (TR)
25 Happy Birthday Mianne K & Phyllis G!! 8:30-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 2:00 *Walk with Nancy (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR)	26 10:00 BP Clinic (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Popcorn & Bingo (EB) 4:00 Documentary Loma Linda: City of Long Livers (TR)	27 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball / Jessica (EB) 2:00 Fitness Sampler with Ging (EB) 3:30 Travels with Carole - Egypt (EB)	28 Happy Birthday Darold! 9:30 Cornhole Practice (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 PC Circuits (FC) 1:30 Return of Horse Racing (EB) 4:00 February Bucket List (EB)	29 Happy Birthday Cliff! 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Meditation (TR) 2:00 *Resident vs. Staff Cornhole (EB) 4:00 Social with Fabulous Fairlanes Duo (EB)	30 10:30 Chair Pilates (EB) 11:00 Chair Volleyball (EB) 1:00 Ice Cream Social (EB) 1:00 Country Store open 2:30 Ging Talk: How Sleep Changes with Age (EB) 6:30 Evening Movie (TR) 6:45 *Spotlight on Aretha at Camelot (OS)	31 10:30 Bingo (EB) 1:30 *Make Valentine cards (CFT) 2:00 *Scenic Drive (OS) 4:00 *Story Stones (EB) 6:30 Evening Movie (TR)



**6 WEEKS BODY
TRANSFORMATION
CHALLENGE!!
START THE
NEW YEAR STRONG**

Enter to win prizes!!
Contact Ging for details!

Starting Jan. 5th through Feb. 15th 2026



Join us this month as we take a trip to Italy! During the week of the 19th through the 24th, we'll have Italy related events each day.

- Travels to Italy with Ging at 3:00 in the Elsie Butler Hall. She'll be talking about the trip she took last year.
- At 4:00pm on the 19th, the documentary in the TR will be about the Blue Zone in Sardinia, Italy.
- Tuesday, the 20th at 5:30 in the EBH, enjoy coffee and an Italian dessert.
- On Wednesday the 21st at 2:00pm, join us in the EBH for Italian themed Team Trivia. At 4:00pm, we will leave for dinner at a restaurant in GP called "A Taste of Italy".
- Thursday morning at 10:00am in the CK, we are going to try our hand at making Tiramisu.
- For lunch on Friday, the 23rd at 11:30am, we are going to make our own mini pizzas in the Community Kitchen. Be sure to sign up for this one.
- As we bid arrivederci to Italy on Saturday we will end our journey with a tasting of Italian wines in the Community Kitchen.

Speaker Series in January -

Tuesday, the 6th at 4pm - Mixer Social with Jimmy Limo in the EBH.

Tuesday, the 13th at 2pm - Paint Pouring with Kathy in the EBH.

Tuesday, the 20th at 4pm - Food & Wine Pairing with Trey & Ceriyah in the EBH.

Tuesday, the 27th at 2pm - Fitness Sampler with Ging in the EBH.

Entertainment for January

January 1st - Tracy Davy, guitar and country songs.

January 6th - Jimmy Limo will be at our Mixer Social with his "smooth guitar".

January 8th - Bob Haworth, formally from the Kingston Trio, will play guitar, ukulele & harmonica.

January 15th - The Classic Sounds group will be here to sing and entertain us.

January 22nd - Country singer Marty Davis will be playing at our social.

January 29th - The Fabulous Fairlanes Duo, Robbie da Costa Jr. & Sr. will be back on guitar and singing.



Employee of the Month - **Celia Renard!!**



Celia has just celebrated her 6th anniversary with Horton Plaza. She is an intricate part of the housekeeping team and we are thankful to have her!

*Congratulations
Celia!*



HORTON HORIZONS

"Retirement Living at its Best"



General Manager

Danielle Stovall

Assistant Manager

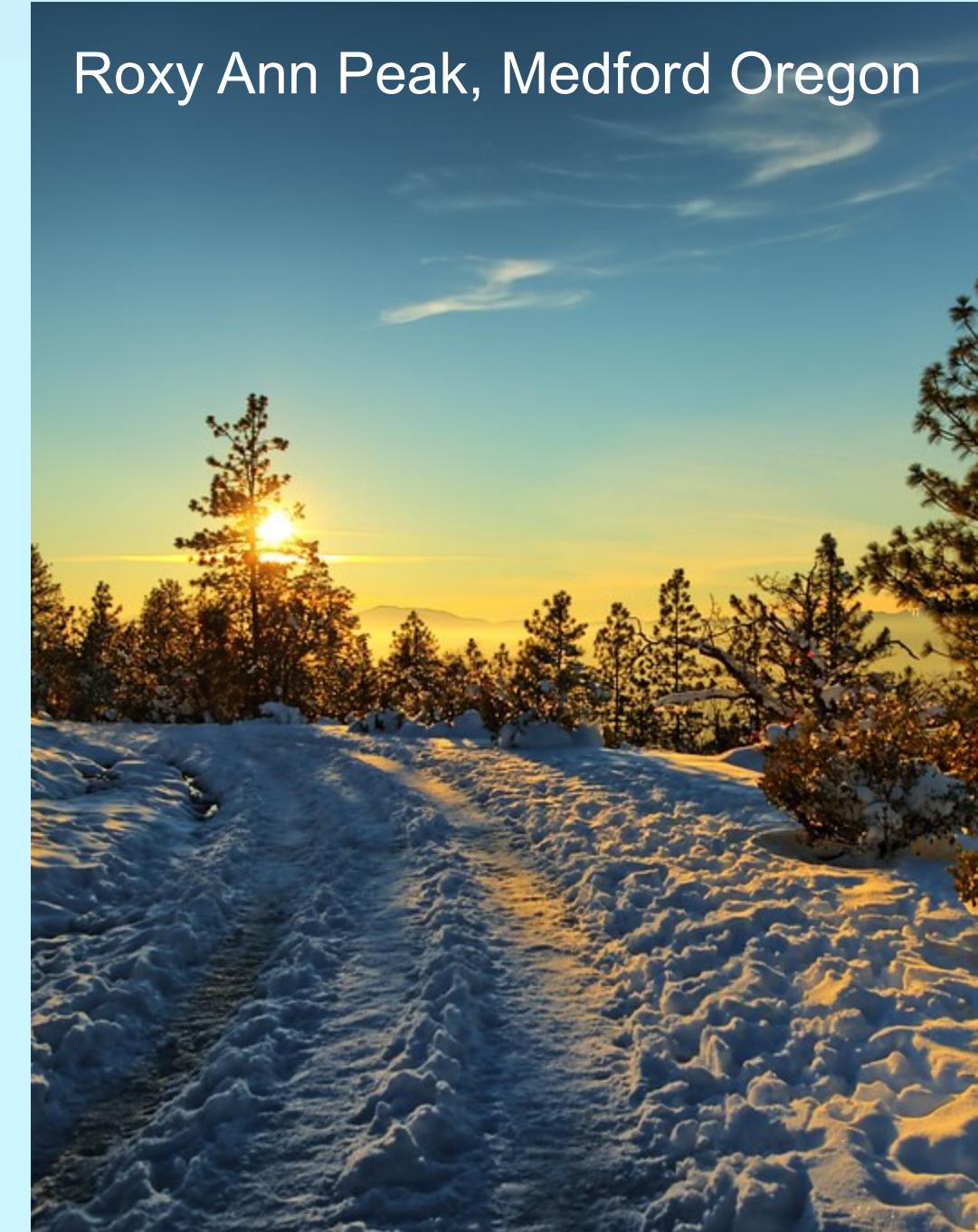
Natasha Lomas

Personal Care Director

Erin Osuna

January 2026

Roxy Ann Peak, Medford Oregon



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