

March 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 8:30-1:00 *Church Runs (OS) 10:00 Coffee & Donuts (EB) 1:00 *Scenic Drive (OS) 3:30 Vespers (EB) 6:30 Evening Movie (EB)	2 March Wellness Challenge Begins 10:00 BP Clinic (EB) 10:30 Weights with Doug (EB) 11:00 Morning Stretch (EB) 1:00 Bingo (EB) 3:00 Scrabble with Ron (EB) 4:00 Documentary: Animals Acting Like Humans (TR)	3 Happy Birthday Clarice & Betty 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball /Jessica (EB) 2:00 Plant a garlic bulb and learn about garlic (CY) 3:30 Bugs R Us: "Butterflies" (EB) 	4 9:30 Cornhole Practice (EB) 10:00 Resident Board (CR) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 *Make Shamrock cookies (CK) 3:00 What's blooming in the courtyard? w/ Nancy (CY)	5 Happy Birthday Charlie! 8:30 *Breakfast at Centennial Grille (OS) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 2:00 *Kitchen Tour (DR) 2:30 *Kitchen Tour (DR) 4:00 Social with Dan Doshier (EB)	6 10:30 Chair Pilates (EB) 11:00 Chair Volleyball (EB) 1:00 Resident Council (EB) 2:00 Ice Cream Social (EB) 2:00-3:00 Country Store (2nd fl.) 3:30 Team Trivia Theme: Women in History (EB) 6:30 Evening Movie (TR)	7 10:30 Bingo (EB) 1:30 *St. Patrick's gnome (CFT) 3:30 *Mall Walk (OS) 5:00 *Madrone Trails benefit auction (OS) 6:30 Evening Movie (TR)
8 8:30-1:00 *Church Runs (OS) 10:00 Coffee & Donuts (EB) 1:00 *Scenic Drive Daffodil Hill (OS) 3:30 Vespers (EB) 6:30 Evening Movie (EB) 	9 10:00 BP Clinic (EB) 10:30 Weights with Doug (EB) 11:00 Morning Stretch (EB) 1:00 Bingo (EB) 3:30 Book Club (CK) 4:00 Documentary: Most Influential Women in the World (TR)	10 9:00-3:00 Essential Foot Care (Chess Room) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 11:30 *Lunch with Julie & Erin (PDR) 1:00 Chair Volleyball /Jessica (EB) 2:00 Learn about Essential Oils (CK) 4:30 *Cooking with Kathy (CK)	11 9:30 Cornhole Practice (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:30 *Bunco Party (EB) 4:00 Women World Travelers (EB) 5:30 *Board games w/ Crater Key club	12 Happy Birthday Faye! National Plant a Flower Day! 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 11:30 *Lunch at El Molcajete (OS) 1:00 Sound Bath Meditation (TR) 2:30 *Plant container Flowers (CK) 4:00 Social with Pamela Lang	13 10:30 Chair Pilates (RH) 11:00 Chair Volleyball (RH) 1:00 Ice Cream Social (RH) 1:00-2:00 Country Store (2nd fl.) 1:00 *Tri Comm Gem & Mineral Show at Expo (OS) 1:30 GingTalk—Brain Health & Cognitive Longevity (EB) 6:30 Evening Movie (TR) 	14 10:30 Bingo (EB) 1:00 *Pi Day (CK) 3:00 *Paint Pouring (CFT) 6:30 Evening Movie (TR) 
15 Ireland Week 8:30-1:00 *Church Runs (OS) 10:00 Coffee & Donuts (EB) 1:00 *Scenic Drive (OS) 3:30 Vespers (EB) 6:30 Evening Movie (EB)	16 10:00 BP Clinic (EB) 10:30 Weights with Doug (EB) 11:00 Morning Stretch (EB) 1:00 Bingo (EB) 2:30 *Baking with Nancy: Irish Soda Bread (CK) 4:00 Documentary: Ultimate Guide to Ireland (TR) 	17 Happy St. Patrick's Day! 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball /Jessica (EB) 2:00 *Creative Writing Workshop (CK) 4:00 St. Patrick's Day Party (EB)	18 9:30 Cornhole Practice (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 12:00 Birthday party (DR) 12:30 *KOB! Tour (OS) 1:00 PC Circuits (FC) 2:15 Food Committee (CR) 4:00 *Cocktails with Luke (CK)	19 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Sound Bath Meditation (TR) 2:00 Fun Facts about Ireland (EB) 4:00 Social with Lumina's Heart (EB) 6:20 *SO Concert Band (OS) 	20 First Day of Spring! 10:30 Chair Pilates (EB) 11:00 Chair Volleyball (EB) 1:00 *Hiking Club: Lithia Park (OS) 1:00 Ice Cream Social - Shamrock Shakes (RH) 1:00-2:00 Country Store (2nd fl.) 3:30 Travels with Carole: Ireland (EB) 6:30 Evening Movie (TR)	21 10:30 Bingo (EB) 1:30 *Easter Bunny Wreath (CFT) 3:30 *Healthy Eats: Mushrooms (CK) 6:30 Evening Movie (TR)
22 8:30-1:00 *Church Runs (OS) 10:00 Coffee & Donuts (EB) 1:00 *Scenic Drive (OS) 3:30 Vespers (EB) 6:30 Evening Movie (EB) 	23 10:00 BP Clinic (EB) 10:30 Weights with Doug (EB) 11:00 Morning Stretch (EB) 1:00 Bingo (EB) 3:00 GingTalk: Travel Thailand & South Korea (EB) 4:00 Documentary: Oregon, America's Most Underrated Travel Destination (TR) 	24 Happy Birthday Jim K & Diane G! 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball /Jessica (EB) 2:00 Residents vs. Staff Cornhole (EB) 3:00 Activity "Wishing" Meeting (EB) 4:30 *Dinner at Oh Osaka's (OS)	25 9:30 Cornhole Practice (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 2:00 Horse Racing (EB) 4:00 Start a Butterfly Colony (EB) 	26 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Sound Bath Meditation (TR) 4:00 Social with the Fabulous Fairlanes Duo (DR)	27 Quilt Show! 10:30 Circuits (CY) 10:00 Quilt Show (1st Floor) 1:00 Ice Cream Social (DR) 1:00-2:00 Country Store (2nd fl.) 6:30 Evening Movie (TR) 	28 Quilt Show! Happy Birthday Ron A & Laree! 10:00 Quilt Show (1st Floor) 1:30 *Make handmade soap (CK) 3:30 *Park Walk (OS) 6:30 Evening Movie (TR)
29 8:30-1:00 *Church Runs (OS) 10:00 Coffee & Donuts (EB) 1:00 *Scenic Drive (OS) 3:30 Vespers (EB) 6:30 Evening Movie (EB) 	30 10:00 BP Clinic (EB) 10:30 Weights with Doug (EB) 11:00 Morning Stretch (EB) 1:00 Bingo (EB) 4:00 Documentary: 15 Places where it's always raining (TR)	31 9:45 PC Circuits (FC) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball /Jessica (EB) 2:00 Then & Now Reflections; Bring a photo of you now and one from your past to play (EB) 4:00 Current Events (EBH)		Change Happens! Don't miss out! See your weeklies & dailies for updated Information and Announcements.	Location Key: EB –Elsie Butler Hall OS –Off Site TR –TV Theater Room CK –Community Kitchen PLR –PC Living Room FC –Fitness Center	DR –Dining Room CR - Conference Room CFT– Craft Room RH –Retta Horton CY –Courtyard 

EMPLOYEE BIRTHDAYS

LYNNA DYER	3-12
ANNABELLA HELM	3-13
NICHOLE MILAM	3-16
ERIN OSUNA	3-17
KENDRA GARCIA	3-19

March is National Women's History Month. We have a few activities this month to celebrate all women.

- Team Trivia on 3/6 - "Women in History at 3:30pm in EBH.
- On 3/11 at 4:00pm in EBH, we will track on a world map where the women of Horton plaza have gone.
- Reflections Then & Now will be on 3/31 at 2:00pm in EBH. Bring then & now pictures of yourself and share where you were in your life when the "Then" picture was taken.

February Entertainment -

March 5th - Dan Doshier hasn't been here in awhile but is returning for our Thursday social. He plays guitar and sings mostly country.

March 12th - Pamela Lang will be playing piano and singing.

March 19th - Lynne Reardon and her husband are Lumina's Heart and they will be playing some Celtic music on harp and guitar.

March 26th - The Fabulous Fairlanes Duo returns. The velvety voices of Robbie da Costa Sr. & Jr. will be this social's entertainment.

It's Time for our annual

Quilt Show

March 27 & 28, Friday and Saturday from 10:00am to 4:00pm both days, we will be displaying dozens of local quilts here in our building. Each quilt is an exquisite work of art. If you have a quilt to display, please contact Nancy.



Employee of the Month

Bella Helm!!

Bella is our weekend graveyard custodian. She joined the Horton family in June of 2025 and has been a valuable asset ever since.



Congratulations and Way to Go, Bella!!

DON'T MISS OUT!!

We have some new, fun things this month that you won't want to miss!

- Scenic Drive to Daffodil Hill on 3/8
- What's blooming in the courtyard 3/4
- Baking with Nancy on 3/16
- Creative Writing Workshop on 3/17
- KOBI Tour on 3/18
- Hiking Club will be going to Lithia Park on 3/20
- Make an Easter Bunny Wreath on 3/21
- Activity Ideas Meeting - We want your input on 3/24
- Make homemade soap on 3/28

Join us for these events and more!!

HORTON HORIZONS

"Retirement Living at its Best"

March 2026



Horton Plaza
1122 Spring Street
Medford, OR 97504
(541)770-1122
(800)844-4058
www.hortonplaza.info